INTRODUCTION: Cetuximab, an epidermal growth factor receptor inhibitor (EGFRi), has shown efficacy in the treatment of solid tumors. The most frequent cutaneous adverse effect of EGFRi therapy is an acneiform eruption observed in 2/3 of patients within 1 to 3 weeks after therapy initiation that may correlate with a positive response to chemotherapy. We report a case of a patient using cetuximab for metastatic colon cancer treatment who developed this skin side effect and showed a favorable response to the use of an antibacterial cream containing lipohydroxy acid (LHA).

CASE REPORT: A 55-year-old man who developed metastatic colon cancer was treated with bevacizumab, irinotecan, 5-fluorouracil and leucovorin. Because he did not respond, he was started on cycles of cetuximab and irinotecan. Two weeks later he presented with a papulopustular eruption on the central area of his face (Fig. 1). He was using a topical medicine containing 0.3% of LHA, a lipophilic derivative of salicylic acid to treat seborrheic dermatitis. An antibacterial cream with glycacil 0.2%, piroctone olamine 0.5%, niacinamide 3%, salicylic acid 0.5%, chlorhexidine 0.05%, capriloyl glycine 0.5%, LHA 0.3% and thermal water 64.5% (LHA-AI cream) was added to the treatment with improvement of his eruption within one week (Fig. 2). Subsequently his malignant disease deteriorated with fatal outcome.

DISCUSSION: This cutaneous reaction is possibly caused by direct effect of EGFR blockade, which increases expression of the negative growth regulator p27, induces apoptosis, and promotes keratinocyte differentiation. Histopathology showed thinning of the stratum corneum, infiltration of inflammatory cells into the follicles, which were enlarged and plugged with keratin. There is no gold-standard therapy for this papulopustular eruption. Therapeutic measurements include topical and systemic antibiotics, topical corticosteroids, benzoyl peroxide, nystatin, ketoconazole, pimecrolimus, and retinoids. The combination LHA-AI may be a novel option to treat this EGFRi induced skin eruption.

CONCLUSIONS: Cetuximab induced EGFR blockade results in enlarged and inflamed follicles plugged with keratin, and thinned epidermis. The proposed mechanism is increased p27 expression that leads to apoptosis and keratinocyte differentiation. LHA, due to its lipophilic properties, disrupts the keratinosomes and allows for a targeted cell by cell exfoliation of keratinocytes, that helps to unplug the follicle. Antimicrobial substances and niacinamide may also aid in treating this EGFRi acne-like eruption.